

Mon

Tue

Wed

Thu

Fri



1
Crab Cake
Tossed Salad
Macaroni & Cheese
Diced Peaches

2
SUNRISE LUNCH

3
Greek Salad w/Salmon
Garden Veggie Soup
Fresh Orange

6
Raspberry BBQ Chicken Sandwich
Broccoli & Cauliflower
Roasted Sweet Potatoes
Oatmeal Cookie

7
Sausage & Peppers w/tomato sauce & Hoagie Roll
Diced Potatoes
Jell-O

8
Chicken Avocado Salad
Sweet Pepper & Beef Soup
Tropical Fruit

9
Firehouse Chili
Corn
Brown Rice
Fresh Pineapple

10
Vegetable Lasagna
Carrot Coins
Tossed Salad
Mixed Fruit

13
Petite Beef Tenderloin Marsala
Carrots
Mashed Potatoes
Pear

14
Chicken Ceasar Salad
Tomato Soup
Diced Pineapple

15
Stuffed Cabbage
Mashed Potatoes
Green Beans
Greek Yogurt w/Peaches

16
Chicken Parmesan Sandwich
Tossed Salad
Italian Baby Baked Potatoes
Pound Cake w/Berries

17
Mojo Marinated Cod Filet
Caribbean Veggie Blend
Cilantro Lime Rice
Orange

20
Turkey & Swiss Croissant Sandwich
Coleslaw
Mediterranean Veggie Soup
Grapes

21
Korean Beef BBQ
Stir Fried Veggies
Vegetable Fried Rice
Orange

22
Broccoli Cheese Stuffed Chicken
Peas & Pearl Onions
Rosemary Roasted Potatoes
Applesauce

23
Swiss Steak
Carrots
Mashed Potatoes
Chocolate Pudding

24
Baked Three Cheese Pasta Florentine
Italian Normandy Blend
Breadstick
Mixed Fruit

27
Pub Steak Cheeseburger
Broccoli & Ranch Dip
Baked Beans
Apple

28
BBQ Chicken Breast
Sauteed Greens
Chuckwagon Corn
Diced Pears

29
Meatloaf w/Gravy
Mashed Potatoes
Peas & Carrots
Jello

30
Grilled Chicken Mornay
Buttered Green Beans
Pasta Shells w/Sauce
Fresh Fruit Salad

MEALS MUST BE ORDERED BY 12 NOON
TWO (2) DAYS BEFORE
CALL 412-828-1062

LUNCH MENU



Mon	Tue	Wed	Thu	Fri
² Petite Beef Tenderloin Marsala Carrots Mashed Potatoes Pear	³ Chicken Ceasar Salad Tomato Soup Croutons Diced Pineapple	⁴ Stuffed Cabbage Mashed Potatoes Green Beans Greek Yogurt w/Peaches	⁵ Chicken Parmesan Sandwich Tossed Salad Italian Baby Baked Potatoes Pound Cake w/Berries	⁶ Mojo Marinated Cod Filet Caribbean Veggie Blend Cilantro Lime Rice Orange
⁹ Turkey & Swiss Croissant Sandwich Coleslaw Mediterranean Veggie Soup Grapes	¹⁰ Korean Beef BBQ Stir Fried Veggies Vegetable Fried Rice Orange	¹¹ Broccoli Cheese Stuffed Chicken Peas & Pearl Onions Rosemary Roasted Potatoes Applesauce	¹² Swiss Steak Carrots Mashed Potatoes Chocolate Pudding	¹³ Baked Three Cheese Pasta Florentine Italian Normandy Blend Breadstick Mixed Fruit
¹⁶ Pub Steak Cheeseburger Broccoli & Ranch Dip Baked Beans Apple	¹⁷  St. Patrick's Day Baked Potato Bar	¹⁸ Meatloaf w/Gravy Mashed Potatoes Peas & Carrots Jello	¹⁹ Grilled Chicken Mornay Buttered Green Beans Pasta Shells w/Sauce Fresh Fruit Salad	²⁰ Deli Plate (Tuna & Egg Salad) Sweet Potato Corn Soup Pound Cake w/Berries
²³ Meatballs Rosini Cauliflower & Peas Tossed Salad Penne w/Sauce Jello	²⁴  Roast Turkey Honey Glazed Carrots Cranberry Cornbread Stuffing Mixed Fruit	²⁵ Pork Carnitas w/Tortilla Cabbage Slaw Mexican Rice Salsa Mandarin Oranges	²⁶ Honey Mustard Chicken Salad Zucchini Parmesan Soup Fresh Pear	²⁷ Spanish Omelette Diced Potatoes Peppers & Onions Croissant Greek Yogurt w/Berries
³⁰ Smothered Pork Roasted Sweet Potatoes Brussels Sprouts Banana Pudding	³¹ Beef Barbacoa Black Bean & Corn Veggie Blend Brown Rice Guacamole Fresh Fruit Salad			³⁰ MEALS MUST BE ORDERED BY 12 NOON TWO (2) DAYS BEFORE CALL 412-828-1062