

RIVERVIEW Community Action Corporation

The Golden Eagle

December
2020

P.O. Box 437 • 501 Second St. • Oakmont, PA 15139
412-828-1062 Fax: 412-828-6985
www.rcacorp.org

VOLUME 43, No. 12

44

Inside this issue...

Page 2: Medicare Scam
Warning

Page 3: Center Closures/
RCAC Food Bank

Page 4: Comforting
Casseroles

Page 5: Center Activities

Page 6: Center News

Page 7: Bus Information



Happy Holidays!

From~ The Board and Staff of RCAC

From the Desk of the Director...

At this special time of year, the board, staff and volunteers of RCAC are very thankful for another year of friendship, support and growth. With the help of many supporters, donors and volunteers, RCAC proved once again that when we work hard together, we can accomplish spectacular goals.

This past year has been a difficult one for all of us. In March, RCAC closed its doors to in person programs and services but stayed open to deliver approximately 12,000 meals to home bound seniors, provide emergency food through our food bank, answer calls for information and assistance and completed over 3,000 wellness checks. Now it is time for us once again to appeal to you for support.

With every donation, you are helping RCAC to continue to provide meals, socialization, recreation, friendship, help and much, much more to the seniors and everyone in our community. With less than half of our funding coming from Allegheny County, RCAC is responsible for raising over 50% of monies needed to operate. RCAC asks that you look deep into your hearts and remind yourself of the importance of your donation to RCAC and how much can be accomplished with your gift. With your help, we will be able to continue to expand services to meet the ever changing needs of the community. We look forward to another fantastic year and many more to come. Thank you in advance for your generosity.

This year, we have three ways to donate:

1. Mail the enclosed envelope with your donation.
2. Go to www.rcacorp.org and select the donate button and make your donation through our PayPal account.
3. On Tuesday, December 1, 2020, go to www.GiveBigPittsburgh.com and make donation to Riverview Community Action Corporation

THIS SPACE IS
AVAILABLE

**AVAILABLE
FOR A LIMITED TIME**

ADVERTISE YOUR
BUSINESS HERE

Contact **Duane Budelier** to place an ad today!
dbudelier@4LPi.com or (800) 678-4574 x2525

MEG L. BURKARDT ATTORNEY AT LAW

Estate Planning • Wills • Financial Power of Attorney • Healthcare Power of Attorney



CAFARDI FERGUSON WYRICK WEIS + GABRIEL, LLC

647 Allegheny Avenue, Suite 100
Oakmont, PA 15139

www.cfwwg.com
412.828.5040





CENTER CLOSED

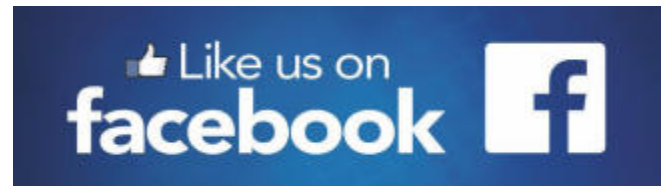
RCAC will be closed on the following days:

- **Thursday, December 24 for Christmas Eve**
- **Friday, December 25 for Christmas**

There will be no Home Delivered Meals or Bus Services on these days.

RCAC Food Bank

RCAC operates a Food Bank for assistance to residents in Oakmont and Verona. The purpose of the pantry is to aid area residents experiencing an emergency need or unexpected crisis. Please call ahead to 412-828-1062. The RCAC pantry program has been and continues to be supported by the donations of cash and non-perishable food items from local organizations and individuals.



All the Facets of You



Your life experiences are what make you YOU. No matter what services you use, the person-centered approach at Presbyterian SeniorCare Network will ensure that your experience with us is customized to who you are and what makes you YOU.

Discover the Presbyterian SeniorCare Network difference!

**Making aging easier®
for every facet of you.**

Presbyterian
SeniorCare
NETWORK.

OakmontSrCare.org

OAKMONT CAMPUS

1.877.740.2179





COOK ALONG WITH HILARY!
THURSDAYS IN DECEMBER
4PM-5PM

COMFORTING CASSEROLES

Gather the ingredients, **Cook** along, &
Eat together!



**CALL RCAC AT 412-828-1062
FOR SUPPLY LIST AND
RECIPIES!**

DEC 3 UNSTUFFED CABBAGE
DEC 10 VEGGIE & PEPPERONI PASTA
DEC 17 HEALTHIER SHEPHERD'S PIE

Zoom Info For All 3 Classes

Meeting ID 991-2834-1064

Phone 1-301-715-8592

Link to join via video: <https://ccac.zoom.us/j/99128341064>

Center Activities

Tuesday is Good News Day!

Weary of the negative tone of most news reports? Join others who want to talk about the positive events happening in our world today. You can join via phone or internet.

Tuesdays, December 1, 8, 15:

9:00 am—10:00 am

Call 1-301-715-8592, meeting ID 958 0680 0917, password 122895

Virtual Senior BINGO by Phone

Join seniors from around Allegheny County for a **free** afternoon of BINGO. Your regular phone is all you need, no internet necessary.

When: Thursday, December 17

**Time: 12:30-1pm Social time
1-2pm BINGO games**

Call: 1-301-715-8592 to join the game

Meeting ID # 926 7787 3168

Rules: All games will be on the honor system. Only 4 cards will be used for all four games so use pennies, popcorn, buttons or rice as markers. Call Mary Margaret at RCAC to register and receive your cards.

Prizes:

Game 1- \$5

Game 2- \$5

Game 3- \$15

Game 4 Jackpot - \$25

December Dollar Store Crafts with Cathie from CCAC

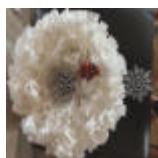
You can do these projects by printed instructions or follow along with the video. Numbers below apply to all 3 projects.

Join Zoom Meeting

<https://ccac.zoom.us/j/94402711233>

Call In: 1 301 715 8592

Meeting ID: 944 0271 1233

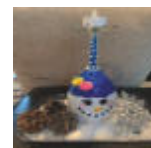


SNOWY WINTER WREATH

Monday, December 7 @ 1:30 pm

FROSTY WINEGLASS

Monday, December 14 @ 1:30 pm



GLOWY VASE CENTERPIECE

Monday, December 21 @ 1:30 pm

All items needed for the following projects can be found at the Dollar Store. However, in some cases it is not necessary to purchase the full quantity of what was used. Everyday items can be used as well and modified to achieve the look.

Use buttons, beads, miscellaneous winter decoration pieces, gems, old pieces from broken wreaths or holiday items and natural elements such as pine cones, pine tree branches and acorns. You will see some of the “ingredients” for our projects overlap. One trip to the Dollar Store will cover the projects if you do not have these things at home. ***Be creative and have fun!***

Call RCAC for the printed instructions and a list of the supplies needed.

Borrow an iPad, a computer, gadgets and more!

If you or someone you know:

- Lives in Pennsylvania
- Is a senior citizen, or
- Has a disability

TechOWL can help you try out new equipment for free

The local TechOWL specialist will:

- Work with you to select the right device.
- Load the software and apps that you need and want.
- Support and teach you throughout the process.

All devices can be borrowed for 4 weeks with an option for longer.

More information about the Assistive Technology Lending Library Program can be found on the TechOWL website:

<https://techowlpa.org/library/>

or 800-204-7428 techOWL@temple.edu

This project is funded by a grant from the Pennsylvania Department of Aging.



Cookie Decorating Party

Join us for this special Zoom event!

Wednesday, December 9

2:00 pm—3:30 pm

SHOW us how to decorate a favorite holiday cookie...

AND

TELL us your cookie's story!

ZOOM Meeting Info:

Meeting ID: 946 6167 3670

Telephone: +1 301 715 8592

Link to join via video:

<https://ccac.zoom.us/j/94661673670>



FUNERAL HOME
Cremation & Alternative Services, Inc.

RUSSELL E. TRUBY, *Supervisor*
SHEA E TRUBY, *Director*
SEAN R. TRUBY, *Director*
412-828-3535
www.burket-truby.com
More Than A Name ... We Are Family!



**BERKSHIRE
HATHAWAY** | The Preferred Realty
HomeServices

Jocelyn Bosick
REALTOR®



The Preferred Realty

1376 FREEPORT ROAD • PITTSBURGH, PA 15238

Cell: 724.316.5006

Office: 412.782.3700

JBosick@ThePreferredRealty.com

www.JBosick.com

A member of the franchise system of BHH Affiliates, LLC



**#1 Medicare
Advantage plan
provider in America**

1-855-844-2078, TTY 711

ExploreUHC Medicare.com

**United
Healthcare**

Y0066_200813_013109_M

SPRJ58101

RCAC Bus Service is Back in Operation

Riverview Community Action Corporation (RCAC) bus service for all Oakmont and Verona residents is back in operation. Service is available by reservations Monday – Friday from 9am -1pm. Due to the Coronavirus there are some new rules and procedures that must be followed. They are:

- Reservations must be made 24 hours in advance by calling 412-828-1062
 - Only 3 people are allowed on the bus at a time for social distancing
 - Masks must be worn when on the bus
- Drivers will take your temperature and may refuse service if they feel you are sick
 - No one will be picked up without a reservation, no exceptions
- **PLEASE NOTE: We reserve the right to refuse to ride you, if we are made aware of you not following CDC Guidelines. (Which are: Wearing masks, social distancing, not being in large groups or going to or having a visitors from a state on PA quarantine list)**

Please call us with your questions or more information. This is a temporary schedule and hope to resume full operations when the Covid 19 virus restrictions are lifted.

We will keep you updated on any changes.

<p>PROTECTING SENIORS NATIONWIDE MEDICAL ALERT SYSTEM</p>  <p>\$29.95/MO BILLED QUARTERLY</p> <p>PLUS SPECIAL OFFER</p> <p>CALL NOW! 1.877.801.7772 WWW.24-7MEDALARM.COM</p>		
	<p>A good neighbor has your back.</p>  <p>Kelly Motter Ins Agcy Inc Kelly Motter, Agent 1331 Freeport Road Cheswick, PA 15024 Bus: 724-274-5445</p> <p>Life's a combination of good days and bad. I have your back for both. And who has my back? The company more people have trusted for 90 years. CALL ME TODAY.</p>  <p>1606040 State Farm Bloomington, IL</p>	
<p>SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY</p> 		

PUBLISHED BY
RIVERVIEW COMMUNITY ACTION CORPORATION
501 SECOND ST., P.O. Box 437
OAKMONT, PA 15139
PHONE: (412) 828-1062
Fax: (412) 828-6985
Email mail@rcacorp.org
Website www.rcacorp.org

HOURS OF OPERATION: 8:00 AM – 4:00 PM
MONDAY THROUGH FRIDAY

December 2020

Non-Profit Organization
U.S. Postage

PAID

Verona, PA 15147
Permit No. 16

Together While Apart

Riverview Community Action Corporation can assist with your needs.
Call 412-828-1062 anytime Monday through Friday 8:00 am-2:00 pm

Supporting you Remotely

Veterans Crisis Hotline: 800-273-8255
Disaster Distress Hotline: 800-985-5990
Get Help (for substance abuse): 800-662-4357
National Suicide Prevention: 800-273-8255
Senior Line-Allegheny County AOA:
412-350-5460

The Friendship Line 800-971-0016
(National 24-hour support for lonely, isolated, depressed, frail and/or suicidal seniors.)

PA Support & Referral Helpline.
855-284-2494 (24 hour help with COVID related stress)